

Public Health

Protects



Public health professionals work on multiple fronts to defend you from any threat to your health, the everyday and the exceptional. It could be as routine as the water you drink or as extreme as bioterrorism.

Leads



Public health professionals bring together individuals from across communities to develop disease prevention strategies. Utilizing their expertise and data, they are equipped to lead community-wide efforts.

Connects



Public health connects people with personal health services, including preventive and health promotion services. It also identifies gaps in services and works with the community to address those disparities.

Educates

Public health professionals give you information that allows you to make healthy decisions every day, including healthy food choices, exercise options and handwashing techniques. Public health education can be found in workplaces, schools and online.



Investigates

While public health attempts to prevent disease from occurring, outbreaks are sometimes inevitable. Public health is prepared to investigate outbreaks to curb their impact and prevent them in the future.



Prepares

Public health anticipates disease and disasters. To decrease their impact, public health professionals develop emergency preparedness plans and partner with community organizations to coordinate a community-wide response in the case of an emergency.



For more information about public health in Iowa, visit <http://idph.iowa.gov/>.

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*Adapted by the Iowa Department of Public Health from the National Association of County and City Health.
October 19, 2016

